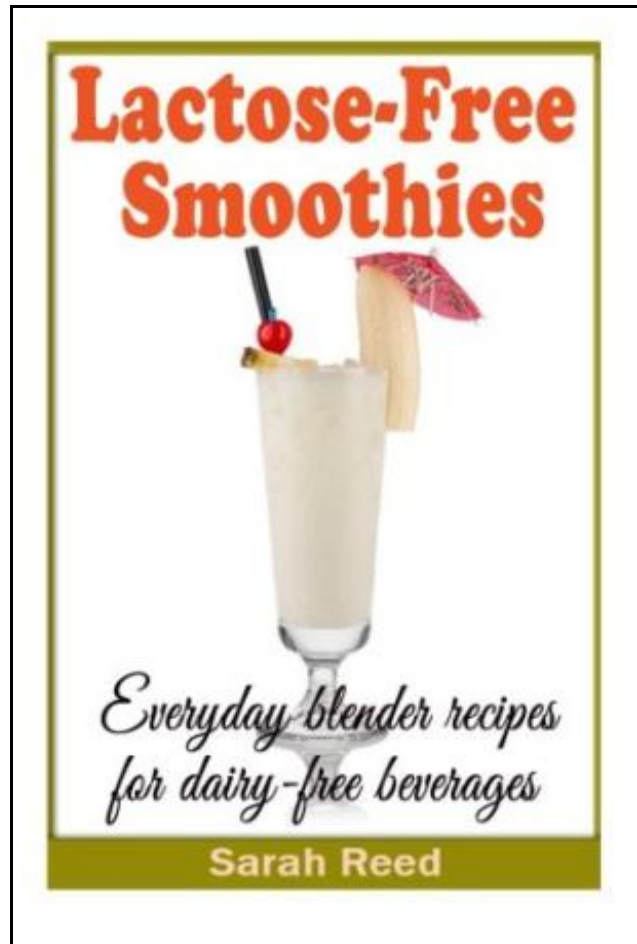


## Lactose-Free Smoothies Everyday blender recipes for dairy-free beverages



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