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# FOCUS: 50 SIMPLE EXERCISES TO IMPROVE CONCENTRATION, PRODUCTIVITY AND GETTING SH#T DONE!



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Powerful Secrets To FOCUS is Revealed! A Short Read With Easy To Apply Practical Tips Powerful Knowledge That Will Help You In No Time Why is concentration difficult? Concentration is a very important skill towards attainment. After all, there may be several external and internal discussions in your working environment. Focus is not just...

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- Authored by Kellie Sullivan
- Released at 2016



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