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My Girlosophy: How to Write Your Own Life

By Anthea Paul

Allen Unwin, Australia, 2007. Paperback. Book Condition: New. 201 x 165 mm. Language: English . Brand New Book. My Girlosophy is all about the discovery of You (for You) and of your Self (for Yourself). This is an inspirational guide that shows young women how to create beautiful, personal and original journals that reflect their hopes, inspirations and aspirations. A journal is a place to keep your dreams, secrets and memories. But more than that, journals and diaries can be memory books, personal compendiums and collages to fill not only with your own words but with inspiring quotes, song lyrics, ticket stubs, photos, pressed flowers, drawings, pages from magazines - the only limitation is your imagination! Loaded with affirmations, meditations and inspirational sayings, not to mention the chance to sneak a peek into Anthea's own diaries and those of other real life girls, this is a creative guide to creating your own unique girlosophy to keep and treasure forever. A lovely gift for yourself or any special girl you know, My Girlosophy comes in a gorgeous slipcase with its own beautiful matching blank journal; My Girlosophy: A journal for life.



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